

# Human Service Agency Consortium

JUNE 2011

## HSAC General Meeting

**When:** Thursday, June 2, 2011

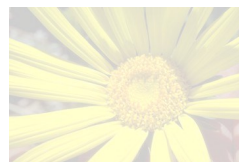
**Where:** Central Christian Church, *Disciples Room*  
650 W. William St.

**Decatur, IL 62526**

**Time:** 11:45 am



Click the picture above to view the HSAC site!



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## June's Topic: Spotlighting ECIAAA and Medication Management

**Please join HSAC as topics relating to seniors, and those of all ages, is discussed during June's general meeting.**

### Speakers for the meeting:

- **Michael O'Donnell,**  
*Executive Director, East Central IL Area Agency on Aging*
- **Amber Holthaus,**  
*Medication Management, Macon County Health Department*

### Lunch is being catered by Subway

**Assorted sandwiches, chips, cookies & bottled water—\$5 per person.**

**Remember that you are welcome to come to the General Meeting and bring your own lunch or not eat at all. In that case, you are not required to reserve a place or pay.**

Check out the new calendar of events page!

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## Take Charge of Your Health: Live Well, Be Well *Leaders' Training*

The Macon County Health Department is recruiting lay-leaders to help disseminate *Take Charge of Your Health: Live Well, Be Well*, an evidence-based Chronic Disease Self-Management Program from Stanford University.

Potential leaders include professionals and individuals who manage chronic health conditions on a daily basis. No prior teaching experience is required. Leaders are asked to commit to co-facilitate a 6 week class session within 6 months of completing training. Leaders would ideally conduct 2 training sessions annually.

**Training is free** with the exception of lunch. Participants are welcome to bring a brown bag lunch or order lunch in.

The 4 day Leader Training will be held in the **Main Conference Room** at the **Macon County Health Department** on Wednesdays & Thursday, **June 29th & 30th** and **July 6th & 7th** from **9:00 am-4:00 pm**.

For More Information, Contact:  
Sally Williams, Caregiver Advisor  
(217) 423-6550  
Fax: (217) 423-1697



**Registration requested by Wednesday, June 22nd, 2011**



## Two Volunteer Opportunities at Dove

### Department of Justice 2nd Chance Mentoring Program

On behalf of Homeward Bound, I would like to invite you to take part in our Department of Justice 2nd Chance Mentoring program. By becoming a Mentor, to an incarcerated individual at the Decatur Correction Center or the Decatur Adult Transitional Center, this program provides you with an excellent opportunity to volunteer your time, share insight and direction to a Mentees who needs support and guidance through a successful reintegration back into our community. And with your commitment as a Mentor you will assist in the national effort to break the cycle of criminal recidivism, increase public safety and help participants establish a self-sustaining and law-abiding life.

To schedule a one-on-one or group presentation please call Tamika Hall at 362.7700.

## MARK YOUR CALENDARS

The next Domestic Violence Education and Training will begin on Monday, September 12<sup>th</sup> and end on Saturday, September 17<sup>th</sup>, 2011. Hours will be 8:00 a.m. to 5:00 p.m. each day except Saturday it will be 8:00 a.m. to 4:00 p.m. Have you been wanting to learn more about domestic violence? Are you interested in volunteering with our program - answering our 24 hour hotline, assisting with orders of protections, facilitating support groups, covering the shelter, clerical tasks, etc.? We need you! We are looking for more volunteers!! If you are interested, please call Barb Blakey, Director of Volunteers and Community Relations at 428-6616.

Teri Ducey, Domestic Violence Program Director

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### Cool Friends will start June 1 Energy Assistance Foundation Warm Neighbors/Cool Friends

As times get tougher with our income it seems bills just keep getting larger. The Energy Assistance Program, *Warm Neighbors and Cool Friends* just may be able to give you a helping hand.

The foundation helps moderate-income Ameren customers with heating and cooling bills. To apply contact First United Methodist Church, 201 W. North, Decatur, IL. Between the hours of 1:00 to 3:00 p.m. on Tuesday thru Thursday and speak to Jack Keller. Cool Friends will be open 4:30 to 6:30 p.m. on Mondays for those who cannot come during the day. No appointment is necessary.

#### Income Eligibility Gross Income Requirements

Family Size	30 Day Income Range Must be between
1	\$1,354 - \$1,805
2	\$1,821 - \$2,428
3	\$2,289 - \$3,052
4	\$2,756 - \$3,675
5	\$3,224 - \$4,298
6	\$3,691 - \$4,922
7	\$4,159 - \$5,545
8	\$4,626 - \$6,168



# Macon County Animal Control and Care Center

2820 Parkway Drive, Decatur, Illinois 62526 Ph.: 217.425.4508 Fax:



## Introducing 2 for 1 adoptions!

For a limited time only, if you adopt a puppy/kitten at normal cost, you are able to adopt an adult dog/cat with no adoption cost to you!

Not ready to adopt two animals? No problem! Adopt any adult dog/cat for HALF price! Certain

adult dogs and all adult cats can be adopted for only \$47.25!

**\*Notes:** For This Special Animals Are Considered Adults at six (6) Months of Age

All Adoptions Include Spaying/Neutering, Microchip, and Vaccinations.



“HELPING FATHERS RECONNECT WITH THEIR CHILDREN.”

DECATUR HOUSING AUTHORITY’S

## “FATHER’S DAY” 2011

Come Join Decatur Housing Authority, in partnership with:

- Caring Black Men
  - CeaseFire
  - City of Decatur
  - Decatur Community Partnership
- Homeward Bound
- Main Street Church

- Safety Net Works
- Weed and Seed
- Workforce Investment Solutions

As they celebrate Father’s Day 2011. Join our community effort to unite fathers and children as we strive to strengthen our families!

There will be entertainment, refreshments, sports, infor-

mational booths, fun activities and more for participating fathers and their children!

For more information, please call: (217) 423-7711 - ext. 3026 or ext. 3019.

We hope to see you there!

Saturday, June 18th  
11am - 3pm  
Garfield Park - Decatur, IL



Fathers and Children, Hand in Hand

# News from the YMCA



## YMCA Summer Sports Camps:

- **Volleyball Camp**

Whether just getting into the game or wanting to

enhance your skills, this is the camp for you.

This camp is offered all summer long so girls can retain the skills and knowledge they learned and apply them to their school season.

4<sup>th</sup>-6<sup>th</sup> grades: Tues. & Thurs, 9-11am, beginning June 7<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grades: Mon. & Weds, 9-11am, beginning June 6<sup>th</sup>.

- **Triathlon Camp**

For ages 5-14, this camp offers foundational skills, rules and traditions of the three-in-one sport. Swim-bike-run...and the transitions between each segment. June 13-17.

- **Basketball Camp**

Basic skills camp working foundational skills and rules. A developmental, foundational camp for those just beginning or seeking to refine

and hone their skills. 4-6 yr.-olds: 2-3pm, 7-10 yr.-olds: 3-4:30pm, June 20-24.

- **Soccer Camp**

Basic skills camp built on games that teach the movements & fundamentals of the sport; then take what you learned and apply it to game situations and small-sided scrimmages and competitions.

3-5 yr.-olds: 9-10am; 6-10yr-olds: 10am-12noon, July 11-15.

- **Challenger British Soccer**

Age groups 3-4, 4-6, 6-8, 9-10 and 11-16, there's something for everyone in this camp led by British coaches. This camp features the 1000 Touches Curriculum...touch the ball

1000 times every day and watch your skill increase, gain confidence in your ability and improve your ball control.

June 27-July 1.

### Youth and Government

A fun interactive way for high school age students to learn about government. Contact Keith at 872-3835, X 114.

## Other Fun Activities at the Y

### Camp Sokkia

Building memories that last a lifetime, Camp Sokkia is a traditional day camp that focuses on weekly field trips, crafts and exploring Decatur parks. Contact Keith at 872-3835, X 114.

### Y-Adventure Club

Summer fun and Adventures! Activities such as kayaking, rock climbing, horse back riding, paintball, and MUCH more will be offered. Contact Denise at 872-3835, X 130 for more information.

### YMCA Fall Soccer

Be a part of the sport that has been bringing families together for over 35 years in Decatur. YMCA soccer gets promotes youth development through active movement, creative play, interaction with teammates and coaches, and so much more! Come be a part of what makes this community

stronger, healthier and connected! Ages 4-13 before September 1<sup>st</sup>... registration is open now!

For registration or more detailed information, contact Gene Mueller, 872-3835 Ext. 146 or Alex Moody, 872-3835 Ext. 132.

## Heritage is Looking for Volunteers

Heritage will be coordinating the volunteer efforts in the Hospitality Tent during this year's Future's Golf Tournament. We are in need of several volunteers for 2-hour blocks, beginning at 9a – 3p on June 16 – 19.

preferences at [Irisby@heritagenet.org](mailto:Irisby@heritagenet.org) or (217) 420-4801.



Please contact Leslie Risby with your available date/time

## Looking for Volunteer Opportunities?

- Volunteers are needed for YMCA's Camp Sokkia.
- DIGG (Decatur Is Growing Gardeners) is also seeking volunteers to garden with youth, Monday through Thursday, 8:30am-9:30am. Time commitment is flexible.

Contact Jo Caulkins for more information, (217) 433-0834

## SPRINGFIELD EPILEPSY SUPPORT GROUP



PEOPLE WITH EPILEPSY, FAMILY AND FRIENDS WELCOME!

**Tuesday  
June 14<sup>th</sup>, 2011  
6:00pm – 7:30pm\*\*  
ANNUAL  
SUMMER PICNIC!  
EPILEPSY RESOURCE CENTER  
WASHINGTON PARK PICNIC AREA  
BY PLAYGROUND!!!\*\***

**PLEASE RSVP TO:  
KIMBERLY JANSSEN  
EPILEPSY RESOURCE CENTER  
(217) 726-1839 OR 1-800-800-6401**

**WE PROVIDE MEAT, BEVERAGES AND TABLEWARE!  
PLEASE BRING A DISH TO PASS  
HOPE TO SEE YOU THERE!!!**

## HSAC Disability Division Update

The MACON-PIATT TRANSITION PLANNING COMMITTEE (TPC), is planning to conduct another transition fair in March or April of 2012 for all high school students with a major focus on students with learning disabilities. The ECIAAA Rural Transportation Task Force recently announced that St. Mary's Hospital and Macon Resources, Inc. have agreed to develop and manage this system using three existing vehicles and one respectively, plus later adding two more from the state.

residents (seniors, persons with disabilities, low income and special hardships) who are not currently served by the Decatur Transportation Authority, Monday through Fridays from 6:00 am – 6:00 pm. All are invited to attend a sub-committee meeting on June 14 to plan how to spread the word about the project.

*By: Paul Rosenberger, Division Secretary*

By July 1 or soon after, the TPC hopes to begin serving Macon County area

## Real Dads Rock

### Hey Dads ever wonder about how to:

- Quiet a crying baby
- Raise healthy children
- Have fun with your baby



And other questions moms just seem to know? Learn what every dad always wanted to know about his baby.

Babies don't come with instructions but here is an opportunity to get some tips:

**Thursday, June 16—6pm-8:30pm DMH Classroom C**

**Thursday, July 28—6pm-8:30pm DMH Classroom C**

*\*Class is limited and registration is required.*

*To register or for more information*

*call 422-6294.*

## Easter Seals Summer Tutoring 2011

One-on-one tutoring for school-aged youth (must have completed the grade of kindergarten) in need of individualized reading, math skills & assistance and handwriting. **Teacher referral required.**

**DATES: JUNE 13th – JULY 28th**

**FEES (one time payment):**

**\$85 (1/2 hour session each week)**

**\$160 (1 hour session once a week)**

The tutor will establish goals, gather materials specific to the students' needs and provide final written assessment to the parents.

First come, first served upon receipt of paid registration by June 1st.

Make up sessions are at the discretion of the tutor.

No reimbursements will be made for missed sessions.

**CALL SOON TO SIGN UP.**

**429-1052 Ext.100 or 101**

**When:** Race begins Saturday June 4, 2011  
at 5pm

Tent Party begins at 7pm

**Entry fees: \$30** - for race participation, t-shirt, tent party admission and food after the race

**\$10** - for tent party admission only

**To register or for more information:**

Call Teri at Easter Seals: (217) 429-1052 x 110 or to register online:

[www.kicknasphaltdecatur.com](http://www.kicknasphaltdecatur.com)

## Easter Seals Autism Socialization Camp

**All children love the idea of summer camp!**

Especially when there are no mosquitoes or uncomfortable bunk beds to worry about. This summer camp takes place in a nearby, familiar location and is designed to help children with Autism improve social skills, speech and behaviors. The Easter Seals Autism Socialization Camp is a new, 6-week summer camp designed for adolescents who are on the Autism spectrum.

**Monday - Friday**

Limited Space Available  
Cost \$132 per week  
(\$8.80 per hour of therapy)

**Easter Seals in Decatur  
2715 N. 27th Street**

Your child can enjoy time with peers and make measurable progress in multiple areas of growth over the summer break.

*Call Easter Seals for more information!*

*(217) 429-1052*

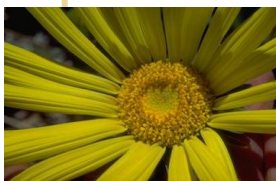
**June 20-July 29, 2011  
9 am - Noon**

## June 2011 Dates to Remember

<b>Easter Seals</b>	1st Annual Fun Run/Walk “Kick N Asphalt for Autism”	June 4th.
<b>YMCA</b>	Summer Classes	Begin June 6th! Register online <a href="http://www.decatuymca.org">www.decatuymca.org</a>
<b>Easter Seals</b>	Summer Tutoring 2011	June 13th-July 28th
<b>YMCA</b>	Family Fun Night (FREE)	June 16th
<b>Springfield Epilepsy Support Group</b>	Annual Summer Picnic	June 14th, 6pm-7:30pm, (Washington Park, Springfield, IL)
<b>New Life Pregnancy Center</b>	Real Dads Rock	June 16, 6p-8:30p
<b>Decatur Housing Authority</b>	Father’s Day 2011 Event	June 18, 11am-3pm (Garfield Park)
<b>Easter Seals</b>	Autism Socialization Camp	June 20th - July 29th
<b>Heritage Behavioral Health Center</b>	Seeds of Hope: Heritage’s Individual Placement Services (IPS) Program	June 23rd
<b>Starting Point</b>	Chronic Disease Self-Management Leaders’ Training	June 29-30th

## Upcoming July Events

- Starting Point: Leaders’ Training Dates -  
July 6th-7th
- New Life Pregnancy Center: Real Dads Rock -  
July 28



**NO JULY HSAC**  
**GENERAL MEETING**

**Senior HSAC**

**Division Meeting**

Thursday, June 23

11:30pm @ Macon County

Health Department

Speaker will be Starting Point

**Volunteer HSAC**

**Division Meeting**

In place of the normal meeting,

The HSAC Volunteer Division will be sending

some of their members to the East Central

Illinois Volunteer Conference [ECIVC] on

Thursday, June 16th in Champaign, IL.

**First Call for Help**, is a program/ service of the United Way and partially sponsored by HSAC. First Call for Help offers access to information and services to people in need. If you or your organization has a need or a have, please let Kristin at First Call for Help know by calling (217) 475-2255 or by email: [kholder@uwdecatour.org](mailto:kholder@uwdecatour.org).



*“Harness the power created when we work together to collaborate on human service issues.”*

**How to Submit an Article:**

HSAC produces a monthly newsletter with local agency information. At the beginning of the month, I will be requesting articles to include information such as news, updates, corrections, etc. If you would like to include your agency’s latest happenings for the upcoming month, simply email me with a write-up, or a flyer with all of the pertinent information. Please specify in the subject line (for example): “HSAC July Newsletter.” Keep in mind “news” must be time sensitive as the newsletter will usually go out by the first day of the month and due to space limitations, it may be necessary to edit. If you have any questions please call Kristin at 475-2255 or email: [kholder@uwdecatour.org](mailto:kholder@uwdecatour.org)