

JULY 2010

Human Service Agency Consortium



There will be NO General HSAC Meeting In JULY

To view HSAC link: <http://www.decaturnet.org/hsac/>

The purpose of HSAC, is to promote common goals by sharing ideas, clarifying communications, identifying needs and resources, promoting skills development and promoting public awareness of accomplishments in the human service field. HSAC Divisions are the core of the organization. Members of the divisions work to identify important human service issues and to improve the quality of life in our community

HSAC Divisions:

Disability
Bi-Monthly
on third
Monday
Noon
At
Various Agencies
PURPOSE: To be a catalyst for changes and projects in the community that would benefit persons with disabilities by providing a networking opportunity for representatives of agencies that serve persons with disabilities and by organizing focused events.

Volunteer
Monthly
on second
Wednesday
11:30
At
Various Agencies
PURPOSE: Our purpose is to increase public awareness of the need for volunteers for most organizations and social service agencies in Macon County. We achieve this by networking to increase knowledge of volunteer opportunities, providing training for volunteer coordinators and publicly recognizing volunteers.

Senior
Monthly
on fourth
Thursday
11:30am
At
Senior Center
PURPOSE: To increase public awareness of the supportive needs of senior citizens, to share information about senior services and legislative initiatives, and to hear speakers on issues effecting seniors.

Youth & Family
Monthly
on third
Thursday
11:30
At
Various Agencies
PURPOSE: The Youth and Family Division is dedicated to helping our youth grow up in healthy family environments and working to educate Macon County residents on youth and family issues.

Agency News n' Notes



What is happening at **Dove**?

- Homeless Council Advisory Committee Meeting
Thursday, July 8, 1:30 p.m.
Homeward Bound Offices, 788 E. Clay, Decatur

• Pieces of Love, a ministry of the United Methodist Church, works on crocheting and knitting afghans for homeless people served by Homeward Bound and Dove's Domestic Violence Program. The Pieces of Love group meets every other month. There are many jobs and work to be done, with something for everyone – from sorting out yarn colors, to putting the pieces together to form “kits” for others to take home and create into afghans.

Christ United Methodist Church

1503 N. Summit Ave., Decatur

Wednesday, July 14, 9:30 a.m. to 2:00 p.m.

You can stay as long as you choose or pick up a kit and be on your way!

- Galloway Neighborhood Organization will be having an Ice Cream Social, 1:00 p.m. on Saturday, July 17, at Galloway Park. Call 429.0157 for more information.
- Mark Your Calendars!

Turn on your porch lights the evening of Tuesday, August 3. Let's light up the night and say “Good-Bye” To Crime in Our Neighborhoods! Neighbors will be uniting for an evening of fun activities -- most include games, prizes and great snacks at a centralized location in their neighborhood. The Caravan of city services representatives, public officials and other guests will travel to each of the events listed above, a great time for all to share information.

The following neighborhoods have been selected for a stop by the Caravan:

Nelson Park Addition Neighborhood Watch

Galloway Neighborhood Organization

Park City Home Owners Association

GM Square Neighborhood Organization

Old King's Orchard Neighborhood Organization

Neighborhood United Association

Seeds of Hope

Relatives As Parents Program

Family Picnic & Day At the Zoo

Thursday, July 15, 2010

11:00-2:30 pm

Scovill Park Picnic Grounds

**Bring the family for a free
Old-fashioned Chicken Dinner**

Reservations Required

Call Sally at

423-6550

By

July 12, 2010



Real Dads Rock

Hey Dads ever wonder about how to:

- Quiet a crying baby
- Raise healthy children
- Have fun with your baby

And other questions moms just seem to know? Learn what every dad always wanted to know about his baby.

Babies don't come with instructions but here is an opportunity to get some tips.

Thursday July 29, 2010 6:00-8:30

Decatur Memorial Hospital

Classroom C 2300 N. Edward St.

Class is limited and registration is required.

To register or for more information call 422-6294.



***Macon County Safe from the Start &
New Life Pregnancy Center***

PRESENT

**NURTURING
FATHERS**

Tuesday August 17th, 2010 for six weeks.
(August 24, 31 & Sept 7, 14 , 21st)

6:30-8:00 p.m.

**New Life Pregnancy Center
1698 E. Pershing Rd.**

This six weeks series is for fathers only. The course will cover:

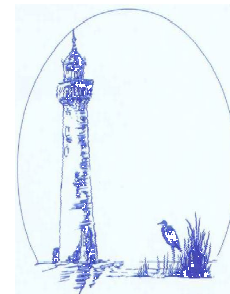
**What kind of parent are you?
Teaching Respect & Responsibility
Active Fathers!
Discipline & Change
Plus More**

**For More Information Contact New Life Pregnancy Center
872-5556 or Macon County Safe from the Start 422-6294**
Care cash and special giveaways each day, extra incentives for attendance at all 6 sessions.

What's happening at the Decatur Macon County Senior Center ??

July 2010

- 1 Freedom Fest Picnic @ Senior Center 11:30am
- 1 Computer Basics Class "How to Turn This Thing On" Coop. Ext.9-11am
- 2 Rules of the Road Driver's Review 9:30am
- 5 Senior Center Closed for the Fourth of July
- 6 TOPS Chapter Weigh-In & Meeting 7:30am - 10:15am
- 6 Computer Basics Class "E-Mail" - Coop. Ext 9-11:00am
- 6 55 Alive AARP Driver Safety Class 8:30 am - 12:30 pm
- 7 55 Alive AARP Driver Safety Class 8:30 am - 12:30 pm
- 8 Computer Basics Class "Surfing the Web I" Coop. Ext.9-11am
- 8 AARP Chapter Meeting 1:30 pm
- 10 Senior Center Pool Tournament & BINGO Game Day 12:00 Noon
- 12 Chronic Disease Self-Management Class 1pm-3pm
- 13 TOPS Chapter Weigh-In & Meeting 7:30am - 10:15am
- 15 TRIAD 10:00am
- 19 Chronic Disease Self-Management Class 1pm-3pm
- 20 TOPS Chapter Weigh-In & Meeting 7:30am - 10:15am
- 20 Senior Center Board Meeting 4:00 pm
- 21 Pedi-Care Nail Trimming 8:30am-3:00pm
- 21 July Birthdays Celebration Sponsored by Victory Pharmacy 12:00 Noon
- 22 Pedi-Care Nail Trimming 8:30am-3:00pm
- 26 Chronic Disease Self-Management Class 1pm-3pm
- 27 TOPS Chapter Weigh-In & Meeting 7:30am - 10:15am
- 27 Computer Basics Class "Surfing the Web II" Coop. Ext.9-11am



• FREEDOM FEST FOR THE FOURTH ON JULY 2nd

Since the 4th of July is on Sunday, we will celebrate on THURSDAY the FIRST. Lunch will be summertime fare, with grilled hamburgers, brats, chips, potato salad, cake and ice cream. The very talented Decatur Young Park Singers will entertain. The party starts at 11:30am. Wear your red-white & blue and celebrate our country! Tickets will be \$5.00 for members & \$6.00 for non-members.

...Senior Center news cont.

- AARP Safe Driving Course

The Senior Center will host the AARP Safe Driving Course on July 6 and 7, 2010. The class will be held from 8:30am until 12:30pm and you must attend both days of the classes to receive your certificate. Please call the Senior Center at 429-1239 to register for this class. Class fees are \$12.00 for AARP members and \$14.00 for non-members. Fees are collected at the class for materials.

- FANS

The Senior Center will have fans to distribute to those in need during the summer months. If you are 55 years or older and have not received a fan in the past two years and are low income, stop by the Senior Center to see if you qualify. One fan per household is the limit. The Senior Center will also be kicking off the annual Fan Drive in conjunction with WAND TV during the month of June. We will be taking donations of fans for distribution to those in need.

- AARP JUNE & JULY CHAPTER MEETINGS

The local AARP Chapter will meet on Thursday, July 8 at 1:30pm. The Chapter is in the process of recruiting new members. The July meeting will be devoted to discussing the future of the local Chapter. Anyone who is interested in issues vital to Older Americans either on a local, state or national level is encouraged to attend the meetings. The Chapter needs everyone's input.

- BE WATCHING AND THANK YOU!

The Senior Center will be scheduling trips later this fall to the State Fair and to the Pumpkin Patch with lunch at Yoder's in Arthur, IL during the fall. Details will be announced at the Senior Center, in the Herald & Review, Tribune and in the August/September SeniorInk.

The Senior Center will also be expanding our Gift Shop this summer. Currently located behind the front desk, the Gift Shop will be moved to the front room that formally served as the Director's office. We hope to offer more items for sale such as clothing etc. We are also looking for volunteers interested in working in the shop. Please watch for our grand opening soon!

The Pool Players want to give a big thank you to everyone who donated towards having the pool table recovered. Not only were they able to repair the table but they were also able to purchase some much needed equipment. Thank you to everybody!

...more happenings at the **Senior Center**

The Senior Center also wants to extend our gratitude to Mr. Jay Dunn, the Decatur Building and Construction Trades Council, Workforce Investment Solutions workers, Mike Nixon with the Sheet Metal Workers Local 218 and Bruce Millsap and the Painters Union Local 288 and their apprentices for all the major work they did on the Senior Center building this spring. These fine citizens and young people moved furniture, and scraped and painted windows and the front office in the Senior Center. We have had many compliments on how the building looks. Great job and thank you all again!

Longaberger BINGA – This is a major fundraiser for the Senior Center. BINGA features the famous Longaberger Baskets and will be held on Sunday, September 12, 2010.

- FARMERS MARKET COUPONS

The **Senior Center** will once again have Farmers Market Coupons to distribute to low income persons 60 years of age and older. The Coupons can be used at the Decatur Farmers Market to help purchase fresh fruits and vegetables. We do not know as of yet when the Coupons will arrive but they can not be distributed or used until July 1. Please check back with us during the later part of June.

Social Security Column

TEACH AN OLD DAD A NEW TWIST

By Gerald Tilley

Social Security District Manager in Decatur, IL

Who says you can't teach an old dad new twists? All across the nation this Father's Day weekend, people were telling their fathers, grandfathers, and other special men in their lives about a new "twist" in the law that may help them qualify for extra help paying for costs associated with their prescription drugs.

When you're spending time with Dad this weekend, ask him if he can use some help paying for his prescription drugs. If so, tell him about the Medicare Prescription Drug Plan and the extra help available through Social Security.

If Dad is covered by Medicare and has limited income and resources, he might be eligible for *extra help* to pay for his monthly premiums, annual deductibles, and prescription co-payments. The *extra help* is worth an average of \$3,900 per year.

If you're met with a resistant, "No, I've looked into it before and I don't qualify," then let him know the law changed in January 2010. As volunteer spokesman Chubby Checker will tell you, a new "twist" in the law makes it easier than ever to qualify for the extra help.

(cont....)

(Social Security Column cont.)

Thanks to this new "twist" in the law, we no longer count any life insurance policy he has as a resource, and we no longer count as income any financial assistance he receives regularly from someone else to pay his household expenses like food, mortgage or rent, utilities or property taxes.

Don't take our word for it, see Chubby Checker's rocking message at www.socialsecurity.gov/prescriptionhelp.

To qualify, he must be receiving Medicare and:

Have income limited to \$16,245 for an individual or \$21,855 for a married couple living together. Even if his annual income is higher, he still may be able to get some help with monthly premiums, annual deductibles, and prescription co-payments.

Some examples in which income may be higher include if he or his wife:

- Support other family members who live with them;
- Have earnings from work; or
- Live in Alaska or Hawaii; and

Have resources limited to \$12,510 for an individual or \$25,010 for a married couple living together. Resources include such things as bank accounts, stocks and bonds. We do not count his house or car as resources.

You can help Dad fill out an easy-to-use online application for your dad at www.socialsecurity.gov/prescriptionhelp. To apply by phone or have an application mailed to you, call Social Security at 1-800-772-1213 (TTY 1-800-325-0778) and ask for the *Application for Help with Medicare Prescription Drug Plan Costs* (SSA-1020). Or go to the nearest Social Security office.

You and your dad can learn more about the Medicare prescription drug plans and special enrollment periods, visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227; TTY 1-877-486-2048).

Maybe it's been a few years since Dad did the Twist. But saving an extra \$3,900 a year on prescription drugs may help put a new spring in his step.

Human Service Agency Consortium

Award's Luncheon

Thursday, August 19, 2010

11:00am-1:00pm

Registration: 11:00am-11:30am

Program & Lunch: 11:30am-1:00pm

Bizou

Lunch is \$15

Pasta bar, salad, bread sticks, drink & dessert

RSVP by August 12, 2010

Macy Barnett

mbarnett@uwdecatour.org

(217) 422-8537

Human Service Agency Consortium

2010 Outstanding Social Service Awards

Nominations are due 7/24/10

Do you know an outstanding... Employee? Volunteer? Executive Director? Board Member? Business? How about an agency that has gone above and beyond to improve their facility's accessibility and/or employment opportunities for persons with disabilities in Macon County?? Then why not nominate them for an **HSAC Award**?

Just go here:

http://www.decaturnet.org/hsac/nomination_form_2010.htm

What's happening at the **YMCA??**



- July is Pay the Day at the Decatur Family YMCA! Join July 1st and pay just \$1 to join. Join July 20th and pay just \$20. You get the idea! July is definitely the time to join!!!
- Summer II program registration begins June 28th and classes start July 12th. Swim lessons are HALF off for members and prospective members for this session only!!! Enroll your child NOW!
- There is still time to enroll your child in YMCA Fall Soccer! But Hurry! The final deadline is approaching fast!

First Call for Help



First Call For Help, is a program/service of the United Way; sponsored by HSAC and the Macon County Mental Health Board. In the month of May, First Call for Help received **357** calls from individuals looking for assistance. The needs included assistance for rent, power, food and household goods. First Call for Help's website: www.firstcalldecatur.org contains a comprehensive, searchable database of over 600 human service programs available in our community. If you need information regarding any Macon County organization, call First Call

for Help at (217) 475-2255 or look us up on the web.

Division News n' Notes

The **HSAC Volunteer Division** invites you to our upcoming meeting on Wednesday, July 14 from 11:30 to 1:00. This meeting will be hosted by Project Read at their new office in the Decatur Public Library. Simply take the elevator to your right in the LOBBY, and follow the signs. We will be discussing concepts learned at the ECIVC and ICOVA Conferences earlier in June. We'll also be discussing topics of interest for upcoming meetings. We're still in search of a Vice-Chair for this year so email Chantel Thompson (chantel.thompson@bbbs.org) if you're interested.

*Harness the power created
when we work together to
collaborate on
human service
issues.*

Every month, I will send out a mass email requesting HSAC newsletter information. If your agency has any news, updates, corrections etc., PLEASE let me know. Simply email me with a write-up as you want it to appear, or attach a WORD document. Since I receive many emails, please specify in the subject line (for example) "HSAC August Newsletter." Keep in mind "news" must be time sensitive as the newsletter will go out the Thursday prior to the next HSAC meeting, and due to space limitations, it may be necessary to edit. I so appreciate your help!! If you have any questions call me at 475-2255 or email: rbirmingham@uwdecatur.org